

Group Music Therapy Schedule – 4 week sessions

RALEIGH – THURSDAYS – 50 Minute Sessions

TEENS (12-17)	CHILDREN (8-12)
4:00pm	5:30pm
December 12/1, 12/8, 12/15, 12/22	December 12/1, 12/8, 12/15, 12/22
January 1/5, 1/12, 1/19, 1/26	January 1/5, 1/12, 1/19, 1/26
February 2/2, 2/9, 2/16, 2/23	February 2/2, 2/9, 2/16, 2/23
March 3/2, 3/9, 3/16, 3/23	March 3/2, 3/9, 3/16, 3/23

DURHAM – FRIDAYS – 50 Minute Sessions

TEENS (12-17)	CHILDREN (8-12)
4:00pm	5:30pm
December 12/2, 12/9, 12/16, 12/30 *No group the week of Christmas	December 12/2, 12/9, 12/16, 12/30 *No group the week of Christmas
January 1/6, 1/13, 1/20, 1/27	January 1/6, 1/13, 1/20, 1/27
February 2/3, 2/10, 2/17, 2/24	February 2/3, 2/10, 2/17, 2/24
March 3/3, 3/10, 3/17, 3/24	March 3/3, 3/10, 3/17, 3/24

Visit <https://www.arctriangle.org/services-programs/music-therapy/> to register.

Don't see your child's age? Need financial assistance? Or just need more information? Email Hailey at hbass@arctriangle.org or call 919-208-1118.