

2022-23
ANNUAL REPORT

A YEAR OF TRANSITION



Triangle
DISABILITY & AUTISM
Services
An Affiliated Chapter of The Arc



MISSION STATEMENT:

The Arc of the Triangle, Inc. dba Triangle Disability & Autism Services supports children and adults with intellectual and/or developmental disabilities [IDD] and autism to achieve their personal goals and dreams in our community through partnership and advocacy.

VALUE STATEMENT:

The Arc of the Triangle, dba Triangle Disability & Autism Services, its staff and board of directors value individuals with intellectual and developmental disabilities [IDD] and autism and their families by:

- Empowerment, self-determination and diversity
- Reinforcement through social, cultural and linguistic competence
- Innovation and social change through advocacy
- Integration through quality programs/services and natural supports
- Respect and equality through person centered beliefs and a strong community
- Support of families through safety, security and respite

STAFF 2022-23

Jennifer Pfaltzgraff, Executive Director

Michael Kirschner, Compliance Director

Susan Swearingen, Supported Employment Director

Marie Dionne, Individual Services Director

Eileen Patrick, Human Resources Director

Michelle Foy, Community Programs Director

Individual Services:

Terry Deans Kathleen Smith Melinda Tyson Behm Williams

Kathy Mayer, LCMHC-A

Employment Services:

Sabrina Bonomolo Zaejai Dunn Athena McWhorter

Majesty Robinson Paradise Stevenson

Community Programs/Day Services:

Tony Hall Natasha Pratt Hailey McCulloch, MT-BC
Jenna Gallo Karen Geringer Doug Gill Brandi Hancock
Stephanie Martin Dona McNeill

Administrative Team:

Lauren Holowiti Kenneth Kelty Monick Ricks Heather Sapp
Darci Sheinberg Keara Suzik Shannon Williams

MESSAGE FROM Jennifer Pfaltzgraff, Executive Director



Dear Friends and Supporters,

In the disability community, we talk about transitions throughout the life of an individual with IDD or autism because they occur more frequently than you would think. They can be a challenge for both the individual and family members.

Well here at The Arc of the Triangle- oops- I mean Triangle Disability & Autism Services- we have done some transitioning ourselves this past year.

The transition to our new Doing Business As: **Triangle Disability & Autism Services** happened at the end of 2022. After careful collaboration with participants, families, staff and our board of directors a new name, logo, and color scheme was devised. It's colorful and fresh. It's simple, yet defining. It's modern and fun. Throughout the year we saw its positive effect on how this change supports families: finding us online and at community events. We also saw in improvement in fundraising: letting our donors know who and what they are supporting. We have improved marketing and brand recognition. As of the publication of this Annual Report, we remain a chapter of The Arc and are legally The Arc of the Triangle, Inc. It is an exciting time for our agency as we embrace a new name and look.

After decades calling Chapel Hill home (and our corporate office- which has been moved to Raleigh), **we moved to Durham** in 2022. This change was a practical business decision and is saving thousands of dollars each year in rent. We miss Chapel Hill, but are making new connections in the Bull City and demonstrating fiscal responsibility to our families and supporters.

This year also brought a change in the fundamental way we have approached service delivery. For years, we have provided mainly individual services - Medicaid Waiver services, Supported Employment, Supported Retirement and more. Summer 2022 brought our first ever **Arc Triangle Summer Experience**- camp for 12-25 year olds. A program we continued in the summer of 2023. Our expectation now is to ensure we offer this vital group service as a permanent part of our services.

As we planned the year's activities and events, we also decided it was time to host to our own **resource fairs**. In the Fall 2022 we hosted a successful Fall Fun Fair in our Raleigh office parking lot. We held a similar event at our Durham office in the spring of 2023. Both events were well attended. We will most likely continue to host one each year.

And one last first: we created a PR campaign around inclusivity. **"Bee Inclusive"** became our mantra for 2023 and the campaign ran throughout the year. We promoted inclusion at a Carolina Hurricanes Special Needs Awareness Night hockey game, job fairs on college campuses, and our own events like our Annual Meeting. Our website and social media all proclaimed everyone should pledge to 'Bee Inclusive'.

2023 continues to be a year of change as we plan for our Building Abilities Day Program, but that news is for another time...

Thank you,



COMPLIANCE AND ACCREDITATION

by Michael Kirschner, Compliance Director

In the beginning of our Fiscal year we finalized our Long-Term Plan in collaboration with our accrediting body The Council on Quality and Leadership (CQL). This strategic endeavor was part of our ongoing commitment to delivering high-quality services to the individuals we serve. Additionally, it served the purpose of maintaining our CQL-accredited status, which we initially received in April 2021. The Long-Term Plan was formulated through a stakeholder meeting involving board members, staff, families, and most importantly, the individuals we serve. Since its inception, TDAS has been diligently working to achieve specific objectives outlined in the plan, many of which have already been met or will be met prior to our next CQL Accreditation process, set to commence in 2025.



Another year has passed with the Appendix K flexibilities still in place, awaiting the announcement of the State of Emergency's conclusion on May 11, 2023. The state has declared that Appendix K flexibilities will cease on February 29, 2024. They have been making concerted efforts to secure the permanence of some of these flexibilities that families have come to rely on. Many of these provisions have been made permanent.

A new option called 1915(i) was introduced and started July 1, 2023. This innovative offering aims to provide individuals with Intellectual and Developmental Disabilities (IDD), that don't have The Innovations Waiver, another Medicaid option. This option will provide them a Care Manager and increased service hours. Further details about 1915(i) will be disclosed in the upcoming fiscal year.

Tailored Care Management was launched on December 1, 2022 with Care Managers appointed to oversee all aspects of healthcare for the individuals, with the goal of enhancing their overall well-being and quality of life. However, they encountered certain challenges that led to a delay in the healthcare component of Tailored Care Management. As of now, the Care Management aspect remains operational, while the start date for the healthcare segment is yet to be determined.

As we continue to navigate the constantly evolving terrain of our industry, our commitment to understanding all that pertains to those we serve remains unwavering. Rest assured, we are always available as a resource for your needs.



SUPPORTED EMPLOYMENT: ON THE JOB

by Susan Swearingen, Supported Employment Director

We had another great year in Supported Employment despite staff changes with the team. The year started with the resignation of our Assistant Director. It was a big loss and we were sorry to see her go. The decision was made to not hire a replacement for her caseload and instead divided her caseload between the two newly hired Employment Specialists covering the Durham and Chapel Hill areas. This proved to be a good move due to the slow job placements that were becoming the norm.

The job market had changed a good bit over the past year and it became more difficult to find jobs for our participants. Employers were having difficulty hiring and were requiring new employees to be able to cross train and were tasked to do many things that our participants would not be successful doing. We were also seeing a small increase in referrals as people are beginning to show interest in getting jobs again.

The hybrid Employment Specialist/QP (Supported Employment Medicaid) position had to be reevaluated due to the large number of participants transferring to that caseload. We had to reduce the number of VR cases in order to accommodate the Medicaid cases. These participants had successfully completed their VR case and were now receiving long term maintenance or ongoing coaching services funded through Medicaid. It took some creative juggling but we were able to make it work.

We lost our full-time job coach early into the fiscal year and were never able to fill the position with anyone who stayed for more than a month. The entire Supported Employment Team spent countless hours job coaching; helping out whenever and wherever needed. While we were able

to meet the needs of those working, it affected our overall job placements. Full time staff were out in the community job coaching and supporting the participants who had gotten jobs and did not have as much time to job search for those still looking for jobs.

Despite the many obstacles we received 52 new referrals from Vocational Rehabilitation (VR) and assisted 37 people with getting jobs. In total we served 128 people during the 2022-2023 fiscal year.



OUR JOBSITES

Durham:

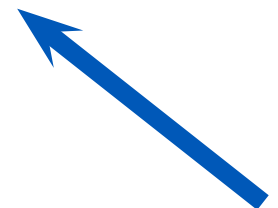
CISCO
Bojangles
Harris Teeter
Duke Regional Hospital
Royal Threads
WaveMAX
Burlington Coat Factory
Petsmart
Scrap Exchange Thrift Store
Croasdaille Village

Orange:

Harris Teeter
Bojangles
Wegmans
Fresh Market
Nothing Bundt Cakes
Orange Co. Rape Crisis Center
Purple Bowl
Whole Foods
The Cedars
Dollar Tree
Chopped

Wake:

Fresh Market
McDonald's
Harris Teeter North
K9 Resorts
YMCA
Michael's
Food Lion
Magnolia Glen
Quail Ridge Books
Applebee's
Raleigh Convention Center
Publix
TJ Maxx
The Forks Cafeteria
Lowes Foods
Zaxby's
Papa John's



PROJECT SEE [SUPPORTED EMPLOYMENT EXPERIENCE]

by Athena McWhorter, Project SEE Manager

Project SEE is a unique paid internship program for high school aged students with intellectual and/or developmental disabilities. Triangle Disability and Autism services partners with community businesses and entities to provide a part-time job to our students to help them develop job readiness skills and earn the paid work credits needed to successfully graduate from their Occupational Course of Study [OCS] program.

This program supports students getting ready to transition from high school to employment and enhances job skills that can lead to long term employment.

Project SEE teams consist of two students and a job coach. The job coach provides support and training at various sites across the tri-county area. Students are placed in job sites based on interests, abilities, and where the site is in proximity to their homes.

The program had 41 students participate between July 2022-May 2023. The students were OCS juniors and seniors who range in age from 17-20. These students came from various high schools across Wake and Durham counties. All of the students who participated were dedicated. Whether they worked in the summer or after school, they increased their work skills as well as earned the work paid credits needed to receive their high school diploma.

In some cases participation in Project SEE can lead to a long-term job opportunity. One of our interns who worked at The Northwest Cary YMCA during the summer 2022 session was hired for a part-time position during her senior year of high school. Another student who worked at The Fresh Market during summer 2022 absolutely shined in the bakery department. She was encouraged to apply for a part-time position as soon as she turned 18.

Our Partner Sites:

CandleScience, Durham
The Lodge at Wake Forest
Lowes Foods, Wake Forest
The Fresh Market on Woodburn Rd.
The Downtown Durham YMCA
The Kraft Family YMCA
The Kerr Family YMCA
The Taylor YMCA
The Lakewood YMCA
The Northwest Cary YMCA
The Poole Family YMCA
The Southeast Raleigh YMCA
Whole Foods on Wade Ave.



Our program could not run smoothly without our job coaches. Most of our job coaches are special education staff. Our participants are fortunate to have their skills and expertise. Our job coaches have the patience, understanding, and skills to work well with our interns. Project SEE has a good employment return rate and many of the job coaches work throughout the year. They are truly dedicated to the interns and their success in the program.

Project SEE is funded through a Pre-ETS grant from NC DHHS' Division of Vocational Rehabilitation and Wake County Human Services.

INDIVIDUAL SERVICES

by Marie Dionne, Individual Services Director

New year, new name, same great service! As the world continues to change around us, the Individual Services Department strives to provide excellent service to the families that we support. The further we get from the height of the health emergency, the more people have the desire to return to normal. More and more families coming back "online," looking for services again. We do still have many who are choosing not to receive services at all, but unfortunately that will no longer be an option after November 11, 2023, when Covid-era "flexibilities" expire and waiver recipients are required to receive services again.



The biggest challenge for Triangle Disability & Autism Services [TDAS] continues to be staffing. Many people did not return to work after Covid, and those that did are looking for higher wages than we can offer. With our pay rates being limited by low service reimbursement rates from Medicaid, there is little we can do to make a difference. We are hoping that in the next fiscal year there will be some real changes to Medicaid, allowing us to pay a much-deserved higher wage.

Innovations Waiver Services

- Alternative Family Living (AFL)
- Community Living and Supports
- Community Navigator
- Community Networking
- Respite
- Supported Employment
- Supported Living

B3 Medicaid Services

- Respite
- Supported Employment
- Community Navigator Services

At the close of Fiscal Year 2022-2023, the Individual Services Department was serving 127 IS participants, as well as 18 Community Navigator participants, all across five counties. We maintained a staff of four full time Individual Services Supervisors (QPs) and one full time Community Navigator to support these caseloads.

The Community Navigator service saw some big changes this year – the basic service, which had been supporting waiver and non-waiver participants for years – was ended with the start of Tailored Care Management. Our participants will get

the same service and attention from the Care Manager as they did from a Community Navigator. Instead, Community Navigator is now exclusively serving those who are self-directing their services only. For those families who are Agency With Choice (AWC) or Employer Of Record (EOR), they can still enlist the counseling and resource-gathering expertise of a Community Navigator.

With all of these changes, our commitment remains the same – to put the people that we serve first and foremost. Every day we make decisions based on **“What’s best for the participant?”** and it guides who we are as an agency.



ARC TRIANGLE SUMMER EXPERIENCE

by Natasha Pratt, Day Services Coordinator

Often times people with IDD and autism do not have the same access to experiences that their typical peers may have. One of them is being able to participate in summer camp that simultaneously adapts to the needs of each camper and is also fun and engaging. Following the success of ATU Transitional Day Program in 2021, we knew we had to continue providing out-of-the-box supports to individuals with IDD and autism.

In 2022, we made it our priority to create an interactive, safe, and enriching summer camp experience for individuals aged 12-25. Arc Triangle Summer Experience ran from June 13th to August 19th at Martin Magnet Middle School in Raleigh. We served approximately 68 campers with a variety of diagnoses, including but not limited to Autism, Cerebral Palsy, Down Syndrome, and Fragile X. Campers had the option to register week-to-week, full or half days, to fit the needs of their schedules. Activities varied throughout the week which included structured art, gym time, science experiments, scavenger hunts, dance parties, leisure, music therapy, socialization, and more!



When we surveyed families and participants, the feedback we received was overwhelmingly positive. One parent said, "It was a phenomenal week. My son was up early, dressed and eager to go and came home tired and satisfied. He was nervous the first day and the staff were so friendly, seeing him walk out so proud of himself was amazing. I will tell everyone about the camp and what a great experience [it] was". When we asked what we could do to improve, one camper stated, "it would be way better if it was a sleepover camp because I wouldn't have to go home and come back".

Now that we have the first year of camp under our belt, we look forward to serving more participants and families in the Triangle area for summers to come.



OUR AMAZING STAFF



EMPLOYEE OF THE YEAR

LAUREN HOLOWITI

Honorable Mention:

Tony Hall and
Shannon Williams

Employee of the Quarter recipients for 2022-23

October - December 2022 - Isa Lucarelli

January - March 2023 - Betsy Phillips

April - June 2023 - Denzell Smith & Clara Meekins



Busy Bees...In an effort to include staff in how we boost morale and support one another in a fun and engaging workplace a social committee was formed this year and our first big event was Color Week with a different activity or treat each day- ending with a silly Friday afternoon of each team repping their color!



COMMUNITY PROGRAMS ACROSS THE TRIANGLE

by Michelle Foy, Community Programs Director

The Community Programs welcomed the new fiscal year by continuing to adapt post COVID and introduce participants back into the community slowly. In December, Arc Triangle University (a series of online education and recreational classes started during the pandemic) changed its name to Triangle D&A University to reflect the agency name change from The Arc of the Triangle to Triangle Disability & Autism Services. Triangle D&A University began offering both in-person and virtual activities in September and discovered that although the COVID restrictions were no longer in place, many individuals expressed wanting the option of having both virtual and in-person activities.



The Community Programs bid a sorrowful farewell to three long time participants who passed away: Greg Clawson- Every Voice Choir; and Tony McNair and Sue Glass- Supported Retirement. We also welcomed several new participants into the Every Voice Choir, Triangle Self-Advocacy Network (TSAN) and Petals with a Purpose. TSAN members closed out the fiscal year by having a very successful fundraiser selling Little Caesar's Pizza kits and exceeding their goal of raising \$100 and raised a total of \$727.00.

Individuals Served

Supported Retirement - 23
The Every Voice Choir - 33
Triangle Self-Advocacy Network - 22
Petals with a Purpose- 25
Community Connections - 4
Arc Triangle University (ATU) - 88

ATU Classes

Art Appreciation
Basic Workout
Cardio Dance
Cooking & Nutrition
Drawing Independent Living
Gentle Yoga
Full Power Workshop
Music Appreciation
Sing-a-long



THERAPEUTIC SERVICES



by Kathy Mayer, LCMHC-A

In the past year, Therapeutic Services have increased to and maintained a client base of 40+ clients. This growth can be attributed to making the decision to utilize Headway, a third party billing company, to credential us for private insurance, as well as subscribing to *Psychology Today's* professional website to generate client referrals.

Our services have helped many clients with I/DD, autism, and Atypical individuals with various diagnoses. A few highlights I enjoyed, in particular, were working with several first-year and returning college students with ASD to improve social skills, time management, and ADHD. This resulted in decreased anxiety, ability to make friends, and utilizing strategies to keep a schedule that promoted success.

Another success story was participating in Project ECHO, which was an eight-week training program designed to assist clinicians working with clients with I/DD and autism. Each week we met live with the clinical directors and teams from both the Autism Social and UNC TEACCH. Each week they presented various topics about the special needs population, treatment interventions, and reviewed cases to gain and share knowledge on how to meet our clients' needs. It was a great way to learn how to better support our clients and their families. Afterwards, we started receiving referrals from both agencies. We also received referrals from Carolina Outreach Urgent Care, NC Neuropsychiatry, Mindpath Health, and our clients that helped grow the department.

In closing, it has been a successful year, and we are committed to providing much-needed therapy services to the community we serve. We are also looking to expand our services to folks we serve in Durham, Chapel Hill, and surrounding areas in the near future.



MAKING MUSIC [THERAPY]

by Hailey McCulloch, MT-BC

The 2022-2023 fiscal year has been a time of exciting growth for Music Therapy Services. At the launch of the Music Therapy program in June 2021, the services provided were limited to one-on-one music therapy sessions in the Raleigh office, along with group sessions twice weekly at the Transitional Day Program. During the 2022-2023 fiscal year, music therapy services have expanded to include group music therapy sessions at our Raleigh and Durham offices and at partnered facilities in the community, individual in-home sessions throughout the Triangle, and daily group sessions at Building Abilities Summer Experience.

Part of our mission with this program was to help make music therapy services more affordable for the individuals and families who need them. In April 2023, Triangle Disability & Autism Services became an approved provider with the North Carolina State Education Assistance Authority (NCSEAA). Now families in this program are able to use Education Student Accounts (ESA+) to pay for music therapy sessions. This has expanded our reach and ability to serve in the community.

Additionally, this fiscal year, Triangle Disability & Autism Services served as a music therapy practicum site for Queens University of Charlotte. Through providing an undergraduate fieldwork experience, our agency is able to be a part of educating the next generation of music therapists, while teaching the values and standards we hold as an organization.

Through the expansion of service options and funding resources, over 100 individuals were able to participate in music therapy during this fiscal year.

HOLIDAY PARTIES

12/1/22- Teen & Adult Party- Good Shepherd Lutheran Church, Raleigh

12/3/22- Party & Pics with Santa- Good Shepherd Lutheran Church, Raleigh

12/8/22- December- Teen & Adult Party- Triangle Grace Church, Durham

The annual holiday parties were held in December and were well attended. The Teen and Adult Parties were held in Raleigh and Durham. Our well-known children's party, Party & Pics with Santa, was held in Raleigh in 2022

Party guest had lots of fun eating and socializing, dancing, singing, playing holiday games, participating in arts and craft and taking pictures with Santa and Mrs. Claus. Party goers also received gift bags and chances to win game prizes. Our great volunteers made the events run smoothly. A great time was had by all.

Although we were excited to welcome a new Santa, Steve Chiplis, to join the festivities and help spread holiday cheer, it was also bittersweet as we said good bye to long time Santa, Jay Shapiro, who passed away July 2022.



HOLIDAY GIFT DRIVE

Our Holiday Gift Drive was a success once again! Our donors purchased gifts and dropped them off. Santa's Helpers wrapped and delivered in time for the holidays! Triangle Disability & Autism Services was able to deliver gifts to over 75 of our own participants and 5 families, as well as residents of the O'Berry Center in Goldsboro, North Carolina.

It was a merry season for all who participated.



PARTNERS & DONORS

Pleasant Grove United Methodist Church
Inner Health Chiropractic
Center for Chiropractic & Wellness
Able Transitions
Katelyn Glassman
The Alden Family
The Thompson Family
The Pfaltzgraff Family
Luke & Colleen Armstrong
The Gannon Family
Roxana Pourdeyhimi, MD



BOO-NANZA 2022

We were very excited to host our first ever BOO-nanza Halloween Party on Saturday, October 29, 2022 in Cary at the Resurrection Lutheran Church. We had over 75 people sign up for an evening of spOOky fun! As guests checked in they were presented with their very own treat bag to collect treats from the different stations set up throughout the party. We took the BOO-nanza theme seriously and had some fun applying it to many of the different stations. For instance, the party-goers could "BOO their Bag" using different stickers, markers and googly eyes as decoration. Some dared to stick their hands in the mystery buckets at the LaBOOratory or take their chances knocking down the ghost pins at BOO Bowling. Selfies were snapped at our monster photo BOOth. The evenings highlight was our parade and Halloween Costume Contest. Guests were dressed as witches, Harry Potter, cheerleaders, super heroes, a Buzz Lightyear and even a giant chicken! There were refreshments, crafts, games and music – a fa-BOO-lous time was had by all!



Spring of 2023 announced our **"Bee Inclusive"** Campaign-encouraging people to pledge to Bee Inclusive.



At every community event we brought out bee paraphernalia and a oversized banner for people to sign as the Pledged to Bee Inclusive".

The message was simple- at Triangle Disability & Autism Services we are always working to bridge the gap between an inclusive world with the ability to support people with disabilities. Our programs and events encourage inclusivity while ensuring people with disabilities and autism have the support they need to participate in work, play, and life!



MOVE TO THE BULL CITY

Tuesday, September 6, 2022 we opened the doors to our new office in Durham. Located just minutes from I-40 and Southpoint and still convenient to downtown Durham and Chapel Hill, this new office allows us to get to know the people of Durham better by being a part of the community.

Chapel Hill was our home for decades, and we miss the community, culture and hospitality. But we knew this exciting change was in the best interest for our business. It ensures we remain fiscally responsible to our supporters by constantly looking for ways to save money.



The Arc of the Triangle's Fall RESOURCE Fun Fair



RESOURCE FUN FAIRS!

In November 2022, we decided instead of always being the guest at area resource fairs- we would host our own! In Raleigh we set up right in our parking lot. We had local groups and businesses like Cary Estate Planning, Able Transition Consulting, NC ABLE, and Gigi's Playhouse come share information with families. DJ Hunter played some tunes while kids and adults alike explored a Raleigh Fire Truck. Face painting and a raffle rounded out a great day!

Fast forward 5 months to April when we hosted another fun fair in the parking lot of our Durham office. Again, we provided information from several community partners like Miracle League of the Triangle, L'Arche NC, and the Museum of Life and Science. Families enjoyed visits with the Durham Bulls Wool E. Bull and the Durham Fire Department's mascot, Sparky the Fire Dog! It was a beautiful day to pledge to Bee Inclusive and play games.



RESOURCE FUN FAIR



COMMUNITY CONNECTIONS

Volunteers and our community partnerships are a vital piece in the success of any good non-profit. We are so lucky to have so many relationships across the Triangle which make us better able to support the IDD community. We appreciate everyone who has partnered with us in some way!

VOLUNTEERS

Ongoing Individual Volunteers – 11
One Time Event Volunteers – 171
Group Volunteers– 7

NC State's Arnold Air Society
NC State Professor Kathy Gorge's PRT 238, Inclusive Recreation class
Meredith College Child Development Dept.
Sons & Daughters of Italy
Southeast Raleigh HS Beta Club
UNC Adams School of Dentistry
UNC AED (Alpha Epsilon Delta)

COMMUNITY EVENTS

Art in Bloom, NC Museum of Art
Autism Acceptance Day Resource Fair
Eaton Corp. DEI Summit
IBM Giving Summit
IDD Summit
Inclusive Employment Summit
Marbles Kids Museum – Sensory Friendly Playtime
NC Down Syndrome Conference
NC Museum of Science Sensory Day
STEAM Career Showcase, NC Museum of Science
Town of Cary Care & Share
Wake Co. Public Schools Transition Fairs

COMMUNITY COLLABORATIONS

Chapel Hill/Carrboro Schools
HOPE NC
IDEAL Communities
Orange County LICC
PACID Group
Wake County LICC
Wake County Special Education Advisory Council
Work Together NC

COMMUNITY TRAININGS

NC Friends of Santa
RDU Airport
RDU 180
UNC Anthropology Class



COMMUNITY PARTNERS

Able Transitions Consulting
Carolina Hurricanes
Cary Estate Planning
Covenant Christian Church, Cary
The Food Bank of Central & Eastern NC
Fresh Market, Chapel Hill
Good Shepherd Lutheran Church, Raleigh
Hillyer Memorial Christian Church, Raleigh
KidPower, North Carolina
Marbles Kids Museum, Raleigh
Meals on Wheels of Wake County
NC Museum of Art
NC Museum of Natural Sciences
The Raleigh Civitan Club
The Raleigh Santa & Mrs. Claus Organization
Resurrection Lutheran Church, Cary
The Summit Church of Durham
Seymour Senior Center, Chapel Hill
Triangle Grace Church, Durham
Whole Foods Market, Chapel Hill
Work Together NC

2023 COMMUNITY CHAMPION AWARDS

TRIANGLE DISABILITY & AUTISM SERVICES EMPLOYEE OF THE YEAR

Lauren Holowiti

Nominees: Tony Hall & Shannon Williams



TRIANGLE DISABILITY & AUTISM SERVICES SUPPORT PROFESSIONALS OF THE YEAR

Betsy Phillips & Michael Whalen



LOCAL HEROES

Tracey Parker & Gina Andersen



TEACHER OF THE YEAR

Karen Dusterberg



SIBLING OF THE YEAR

Pecolia Pettway



EMPLOYER OF THE YEAR

Dollar Tree of Chapel Hill



PROFESSIONALS OF THE YEAR

Elizabeth Scott

Chuck Robinson



SELF-ADVOCATE OF THE YEAR

Lucinda Bowman Farrow



COMMUNITY PARTNER OF THE YEAR

Janet McCaskill



VOLUNTEER OF THE YEAR

Pooja Shah



DISTINGUISHED SERVICE AWARD

HOPE NC

FUND DEVELOPMENT

FOUNDATIONS, GRANTS & LOCAL SUPPORTERS

Amazon Smile

Cardinal Track Club

The Carlson Family Foundation

Fidelity Charitable Gift Fund

IBM Employee Giving

Knights of Columbus

City of Raleigh

Orange County | Town of Carrboro | Town of Chapel Hill

St. More Catholic Church

United Methodist Men

Zeta Tau Alpha Sorority, UNC

OUR FUNDRAISERS

Singing Valentines

End of Year Giving

Kendra Scott Gives Back

Little Caesars Pizza

amazonsmile
You shop. Amazon gives.



KENDRA
SCOTT



October 14, 2022 we held Arctoberfest at Clouds Brewing in downtown Raleigh. Guests enjoyed beer, cider and wine tasting, delicious tapas, a gift basket chance raffle and trivia. The evening's fundraising benefited our Building Abilities Day Program and Summer Experience.

Clouds Brewing was a wonderful host for this event, offering a variety of beers, cider, and wines for our guests to learn a little about us while they enjoyed a generous pour.

Sponsors like IBM, Cary Estate Planning, Able Transition Consulting The Pfaltzgraff Family & The White Family along with our guests generosity, enabled us to raise \$12,000.

This was our last Arctoberfest since we changed our name in the end of 2022, but we will continue to partner with Clouds Brewing for a new event in Spring 2024!



Thank you to our Sponsors!



Ethan & Madeleine
Pfaltzgraff



CARY
ESTATE PLANNING

ABLE TRANSITION
CONSULTING

The
White Family

OUR SUPPORTERS

\$5,000 +

Cardinal Track Club
Carlson Family Foundation
The Ireland Family Foundation

\$2,000-\$4,999

IBM
The Pfaltzgraff Family
Yokabitus Law, PLLC

\$1,000-\$1,999

Able Transition Consulting
American Endowment Foundation
Laura & Ken Alden
Duane Bartholomew
Carol Ann Bylinski
Financial Directions Group
Renee Floyd
Nick Keller
Nicholas Wagner III

\$500-\$999

Abilitations Children's Therapy
Ameriprise
Ivanna & Alonzo Cole, Jr.
James Cole
Robert Devlin
Stephen Fulton
Millbrook United Methodist Church
The Stockley-Geringer Family
Principled Technologies, Inc
Jennifer Thompson
Pamela Trent
United Way of Kansas City
The White Family

\$250-\$499

Caroline Cook
Benevity Community Impact Fund
Meredith R. Ellington

Melissa Williams
Allison Snyder
Church of St. Thomas More
Lamb Foundation of NC, Inc.
Papa Johns (PKC, LLC)
Dawn Selby
Courtney Revie
Ronald Hyatt
Pamela Robinson
William Hoffman
Omkar Nimbalkar
Amazonsmile Found
Kendra Scott, LLC
Heather Andrews
Jason Tibbs
Law Office of Jacob Goad
Lela & Frank Floyd
Melinda Brown
Microsoft Employee Match
Pediatric Possibilities

\$100-\$249

Roxana Pourdeyhi, MD
Jackie Kelty
Jane McNeill
Kevin Cook
Rebecca Honeyman
Kevin & Keara Suzik
IQVIA
Arnold Kaluzny
Donald T. Hamrick
Durward Williams
Hive Comicade
Richard Weinberg
Wake Forest Woman's Club
Marie L. Hughes
Renee Gannon
Kenzie Clark
Ben Gerber
United Way of the Greater Triangle

Blue Cross Blue Shield
Stuart Brown
Michael Madden
William D. Lappin
Mark Wollerman
Lauren Holowiti
Susan Swearingen
Valerie Norton
Alexander Fairley
Mary Kessler
Michael Harper
Michael Kirschner
Barbara Cary
Brett & Lisa Koceja
Amy Moore
Barbara Failla
Brandon Hopkins
Brett & Lisa Koceja
Clyde Carl
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**THANK YOU TO
ALL OF OUR
DONORS
FOR YOUR
CONTINUED
SUPPORT.**

A SUMMARY OF THE 2022-23 FISCAL YEAR

Total Public Support and Revenue:	\$3,590,363
Total Expenses	\$3,555,568

INCOME

Contributions	49,470
Special Events	11,609
Government Grants	451,158
Contracted Services	2,901,523
Program Service Fees	157,122
Interest/Dividend Income	9,859
	<hr/>
	\$3,590,363

EXPENSES

Program Services	2,958,639
Community Programs & Events	277,468
Supporting Services:	
Management & General	292,943
Fundraising	21,194
Payments to Affiliated Organizations	6,324
	<hr/>
	\$3,555,568

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2023

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To become a member:

- visit our website to join online
- call the office to have a membership form sent to you

SUPPORT

The Arc of the Triangle dba Triangle Disability & Autism Services is funded through state and local funding, revenue generated from its programs and donations from Arc members, corporate and foundation grants, and state and federal employee workplace giving programs. The Arc also sponsors fundraising events to bridge the gap in funding support and to add new services.



WHERE YOU CAN FIND US

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919-942-5119

www.arctriangle.org

